



23rd Annual Sports Medicine Update

June 4-5, 2024

Tuesday June 4, 2024

7:30 a.m.	Check-in / Login begins
7:50-8:00	Welcoming Comments – Keith Jones, ATC, CES
8:00-8:30	Post-Traumatic Tissue Healing – Rehal Bhojani, MD, FAAFP, CAQSM
8:30-9:00	Mental Health in The Athlete – Benedict Ifedi, MD, CAQSM
9:00-9:30	Vaping 101 – Traci Gauen, LPC-S, LCDC
9:30-10:00	Injuries to the Eye and Visual System – Alireza Somji, OD
10:00-10:30	Pediatric Scoliosis in the Young Athlete – Timothy Borden, MD
10:30-11:00	Common Hip Injuries in Sports – Alfred Mansour, MD
11:00-11:30	Breakout Session 1: Alfred Mansour, MD & Emily Gardner, PT – Hip Evaluation
11:30-12:00	Breakout Session II: Alireza Somji, OD – Examination of the Eye
12:00-12:30	Breakout Session III: Tim Borden, MD – Scoliosis Screening
12:30-1:00	Lunch (provided for in-person attendees)

Speakers, Topics & Times are Subject to Change

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1:00-1:30	Hip Rehab in the School Setting – Emily Gardner, PT, DPT, SCS, FDN
1:30-2:00	Reducing Burnout In Your Professional Life – Amy Waltz, LCSW
2:00-2:30	On-Field Management of Concussions – Andrew Li-Yung Hing, MD
2:30-3:00	Foot and Ankle Injuries in the Running Patient – John Zhao, MD
3:00-3:30	In Season Knee and Shoulder Injuries – Wait or Operate? – Steven Flores, MD
3:30-4:00	Mitigating Secondary Loss – James ‘Bubba’ Wilson, LAT, ATC, CCISM
4:00-4:30	Concussion Case Study & Roundtable Kathy Nguyen, MAT, LAT, ATC, BRM Christina Fry, MS, LAT, ATC James ‘Bubba’ Wilson, LAT, ATC, CCISM

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Wednesday June 5, 2024

7:30 a.m.	Check-in / Login begins
8:00-8:30	Conditioning & Reconditioning of the Athletic Ankle – Andy Cox, PT, SCS
8:30-9:00	Cardiac Screening Strategies – Alahna Rojas
9:00-9:30	Overuse Injuries of the Knee – Vishal Shah, MD, CAQSM
9:30-10:00	Evaluation & Treatment of the Wrist and Hand – Ashton Mansour, MD
10:00-10:30	Spinal Issues Affecting the Athlete – Eric Klineberg, MD, MS
10:30-11:00	Epiphyseal Injuries in the Young Athlete – Jessica Traver, MD
11:00-11:30	Breakout Session IV: Jessica Traver, MD – How I Examine Growth Plates
11:30-12:00	Breakout Session V: Eric Klineberg, MD – How I Examine the Spine
12:00-12:30	Breakout Session VI: Ashton Mansour, MD – How I Examine the Wrist & Hand
12:30-1:00	Lunch (provided for in-person attendees)

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1:00-1:30	Utilizing Data Tracking for Injury Reduction – Connor Galloway, PT, DPT, SCS, LAT
1:30-2:00	Omega 3: It's Role In Athlete Health, Wellness & Performance– Jackson Haen, RD, LD, CSCS
2:00-2:30	Medication Use and the Concussed Athlete – Abhilash Davlapur, MD, CAQSM
2:30-3:00	The Impact of Implicit Biases on Athletic Trainers from Marginalized Populations – Andrew Cage, EdD, LAT, ATC, CES, PES, CCT
3:00-3:30	Communicating with Coaches – Jessica Mayol, MAT, LAT, ATC
3:30-4:00	Current Trends in Supplementation – Christina Curry King, MS, RD, CSSD, LD
4:00-4:30	Legislative Updates Pertaining to Concussions – James 'Bubba' Wilson, LAT, ATC, CCISM

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